

## ECO-ACTION FOR THE WEEK

June 25, 2021 – Actions for Our Own Dear Planet



**Keep reducing plastic.** The petrochemical industry and its pollution disproportionately harm people of color and low-income populations. Discarded plastic becomes micro-plastics that contaminate our water, soil, and food. ***The answer to plastic pollution is not recycling. Aim at zero plastic — or as close to zero as possible.***

- **Styrofoam** is at least as harmful as plastic. Styrene, of which it's made, is a "probable carcinogen to humans." Thanks to thousands of petitions and calls, five states have banned single-use polystyrene plastic foam (Styrofoam).
- **Learn** how the fossil fuel industry creates pollution in this under-5 min. video – **The Story of Plastic** (animated short): <https://www.storyofstuff.org/>
- The **Break Free From Plastic Pollution Act** requires plastic producers to fund the work needed to manage their waste. It would begin a nationwide phase-out of the worst single-use plastics: [Please — ask your members of Congress to cosponsor this important legislation.](#)
- **USE** thermoses, water glasses, cloth bags, paper straws, cups and plates. Bring your own take-home container if your restaurant uses plastic or styrofoam take-home containers.
- **Ask** that mailed items be wrapped and shipped with paper, not plastic. (Many companies will do this, or your request will alert them to do so.)
- **Ask** cleaners to return clothes without plastic covering.

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