

ECO-ACTION FOR THE WEEK

July 30, 2021 – Actions for Our Own Dear Planet



Ponder the importance of St. Ignatius and the Jesuits in Cornelia's and the Society's life.

- **Why** do you think Ignatius began and ended his retreat with meditations on God's living and acting in all creation?
- **Ignatius' principle of desire** is similar to the "allurement" that many scientists consider the basis of creation. It's like the pull of gravity or of love. What eco-actions have attracted you this year? How might Ignatius explain that?
- **Use** an Ignatian Ecological Examen: e.g., [Ecological Examen](#).
- **Go outside** on a contemplative walk with an intentional and reverential heart. Deepen your awareness of divine presence living and acting in every interconnected bit of life you hear and see, feel and smell. If going outside is impossible, look out your windows or ponder your house plants.
- **Contact** your federal legislators and ask them to extend tax credits for solar, wind, and electric vehicles. Letters from individuals "count" more than mass mailings (though they are important, especially when some words are changed).

Click here to download as a PDF document.